

# National Podiatry CPD Event



Sunday 2nd March and Monday 3rd March 2014 Northampton Park Inn

Covering the CPD needs of Podiatrists

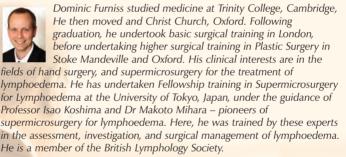
# **PROGRAMME OUTLINE**

Our new CPD programme will provide delegates with a valuable update on clinical practice – Delegates can choose to attend both days of the event or just the Sunday or Monday.

# **PROGRAMME FOR SUNDAY 2nd MARCH**

- 2.00pm Registration
- 2.15pm Etiology, Clinical Manifestations and Treatment Regimes for Lymphoedema

### **Mr Dominic Furniss**



- 3.30pm Break
- 3.40pm Vascular Assessment of the Lower Limb

#### Speaker TBC

The presentation will include different practical tests and referral pathways for patients with vascular insufficiency

- 4.45pm End of event, Collection of CPD Certificates
- 7.00pm Delegates staying over in Northampton can meet for dinner.
- 9.00pm Quiz in the hotel bar sponsored by Hotter Shoes.

# **PROGRAMME FOR MONDAY 3rd MARCH**

Delegates can choose to follow one of the 2 tracks for the day, both courses will start with registration at 9.00am.

## **TRACK 1**

# LOCAL ANAESTHESIA UPDATE

#### Speaker Dr Jean Mooney

#### AIMS

 To update the Podiatrist in the safe, effective and efficient administration and use of local anaesthetic and emergency drugs

#### **OBJECTIVES**

- To revise the basic anatomy and physiology of the nervous system, especially of the lower limb and foot
- To review the range of the POM drugs that can be used to achieve local analgesia, and treat anaphylactic shock
- To review the various techniques used to achieve LA in the lower limb and foot
- To understand the principles of patient selection for LA
- To be able to diagnose, recognise and treat clinical emergencies arising with the use of LA, including patient collapse
- To endorse effective and legal practice: control of infection, informed consent, and other legal/ethical issues
- 09.30 Pharmacology of LA drugs
- 10.30 Coffee
- 11.00 Pharmacodynamics of LA (1) techniques of anaesthesia in the foot
- 12.15 Lunch
- 13.15 Pharmacodynamics of LA (2)
- 14.15 Break
- 14.45 Pharmacokinetics of LA drugs
- 15.45 Some final points when considering the use of LA drugs
- 16.45 End of programme



#### Dr. Jean Mooney qualified as a

Podiatrist/Chiropodist in 1981 from the London Foot Hospital and School of Podiatric Medicine, and initially practiced in the NHS as a clinician/Service Manager, and

established her private practice. In 1987 she moved to higher education, primarily teaching and lecturing on the Podiatry degree programmes at the University of Westminster, University College London, and the University of East London, whilst practicing as a Podiatric Surgeon, and continuing to work in her private practice.

#### TRACK 2

#### **PRACTICAL BIOMECHANICS STUDY DAY** with Paul Harradine

This practical course will guide the delegate through a full biomechanical evaluation of the lower limb.

The aim of the course is to increase the understanding of normal and abnormal foot function and provide evidence based treatment plans for specific conditions.

Places are limited and early booking is advised to secure your place.

Delegate feedback from previous presentations by Paul Harradine:

"Interesting, delivered well, I got a lot from this - lots of highly relevant information to use in clinic"

"Outstanding and informative well worth the journey"

- 09.30 Normal and abnormal foot function
- 10.20 Static analysis
- 11.15 Break
- 11.45 Dynamic analysis
- 12.45 Lunch
- 13.45 Gait dysfunction in relation to injury
- 14.30 Treatment plans for specific MSK injury
- 15.15 Break
- 15.45 Introduction to running injury
- 16.45 Conclusion



Paul Harradine is a clinical podiatrist and director of The Podiatry Centre Ltd and The Foot Orthotics Laboratory Ltd. Paul has gained an MSc and CertEd working in both NHS clinical specialist posts and educational settings before becoming a full time private

settings before becoming a full time private practitioner in 2003. He has published papers in podiatric, physiotherapy and orthopaedic texts on first ray function, plantar pressure analysis technology, taping, orthoses production and foot function theory amalgamation.

# HOW TO BOOK

# Please book online at **www.professionalevents.co.uk**

# Booked prior to October 31st 2013

Day 1 (Sunday 2nd March) - £35 + vat (£42)Day 2 (Monday 3rd March ) - £75 + vat (£90)

## Booked after November 1st 2013

Day 1 (Sunday 2nd March) -  $\pm 38$  + vat ( $\pm 45.60$ ) Day 2 (Monday 3rd March ) -  $\pm 85$  + vat ( $\pm 102$ )

## Booked after 1st January 2014

Day 1 (Sunday 2nd March) -  $\pounds 40 + vat (\pounds 48)$ Day 2 (Monday 3rd March ) -  $\pounds 90 + vat (\pounds 108)$ 

## Accommodation at the Northampton Park Inn

The Northampton Park Inn was completely refurbished in 2009 and has a leisure club with gym, 10 x 5 metre pool, jacuzzi, sauna, steam room and solarium.

We have secured a reduced rate of  $\pm 77$  per night b&b please phone the hotel directly on 01604 739988 and quote a booking ref code: NHS020314.



Professional Events, 31 Fulshaw Park South, Wilmslow SK9 1QP Tel: 01625 521239 mobile: 07950 386706 email:info@professionalevents.co.uk

Cancellations will be available up to 4 weeks prior to the event less an administration fee of £25, cancellations received after that date will not be refunded. Professional Events reserve the right to make changes to the published programme.