

MSK2010

Musculoskeletal 2010

Rheumatology CPD Study Day

In association with PCRS
PRIMARY CARE
RHEUMATOLOGY
SOCIETY

Wednesday 23rd June 2010

Kettering Conference Centre

5 hours of CPD Time,
Attendance Certificate Awarded



Rheumatology CPD Study Day

Programme Lead: Dr Louise Warburton
President Elect - Primary Care Rheumatology Society

Programme to include: Lower limb problems in Primary Care; covering basic anatomy and examination techniques and pathology of Orthopaedic and Rheumatological conditions relevant for Primary Care

Who should attend: GPs, GP Registrars, Podiatrists, Physiotherapists, Chiropractors, Specialist Nurses... Other interested professionals

A comprehensive booklet with the speakers lecture notes will be given to all delegates at the end of the event

PROGRAMME

Wednesday 23rd June 2010

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| 9.15 | Registration |
| 9.30 | Chair and Introduction
<i>Dr Louise Warburton</i> |
| 9.45 | Anatomy of the foot and ankle – Podiatrist approach
<i>Dr Anthony Redmond</i> |
| 10.30 | Foot and ankle conditions/pathology
<i>Ms Heidi Siddle</i> |
| 11.15 | Coffee break |
| 11.45 | Knee problems in primary care
<i>Dr Martyn Speight</i> |
| 12.30 | Basics of knee examination and rehabilitation
<i>Ian Horsley</i> |
| 1.00 | Lunch |
| 2.00 | Differentiating hip and back problems
<i>Dr Stephen Longworth tbc</i> |
| 2.45 | Hip arthroscopy and impingement
<i>Mr Paul Partington</i> |
| 3.30 | Q&A session |
| 4.00 | End of event |

Speaker's Biographies

Dr Louise Warburton

Dr Warburton is a GP and GPwSI in Rheumatology and Musculoskeletal Medicine in Telford. She started out as a clinical assistant in Rheumatology 18 years ago and has recently obtained the Diploma in Musculoskeletal Medicine and started working in an interface clinic in Telford, seeing referrals from local GPs. She is President-Elect of the Primary Care Rheumatology Society and currently the Medical Editor for Hands On for the Arthritis Research Campaign. She was involved in drawing up the NICE Guidelines in the Management of Rheumatoid Arthritis, which were released in 2009. Dr Warburton is also an author, writing for GP magazines and Editing a textbook in Musculoskeletal Medicine for the Royal College of GPs.

Ms Heidi Siddle

Heidi Siddle is an Arthritis Research Campaign AHP Research Fellow in the Section of Musculoskeletal Disease at the University of Leeds, and the Specialist Rheumatology Podiatrist in the Leeds Teaching Hospitals NHS Trust. Heidi has established a dedicated rheumatology foot health service which integrates clinical practice and research. Heidi has developed skills in diagnostic ultrasound imaging techniques and MRI which she is utilising to study the painful forefoot in patients with rheumatoid arthritis for her PhD. Heidi is also co-author of the book "The Foot & Ankle in Rheumatoid Arthritis".

Dr Stephen Longworth

Dr Longworth has been a full time GP in Leicester for 24 years and also works as a Hospital Practitioner in the Orthopaedic Spine Clinic at Leicester General Hospital. He was the first GPwSI in Musculoskeletal Medicine in Leicester. He is a Past President of the Primary Care Rheumatology Society, a tutor and examiner for the Diploma in Primary Care Rheumatology at the University of Bath and has a Masters Degree in Sport and Exercise Medicine. He is co-author of a book on joint and soft tissue injection techniques.

Mr Paul Partington

Mr Paul Partington graduated from University of Newcastle upon Tyne in 1987, and completed his basic and higher surgical training in the North East of England and Canada. He has been a Consultant Orthopaedic Surgeon in Northumbria since 1998. He has a keen interest in teaching and training and has been Training Programme Director for Trauma and Orthopaedics in the Northern Deanery for the last four years. Member of the Specialist Advisory Committee for Trauma and Orthopaedics training. He is also the GP liaison representative for Trauma and Orthopaedics in the trust, including service development, referral triage and work on referral feedback. His clinical and research interests are adult hip and knee surgery, arthroplasty and arthroscopy, including hip arthroscopy.

Dr Anthony Redmond,

Arthritis Research Campaign Senior Lecturer, Leeds Institute for Molecular Medicine and Chair, Arthritis and Musculoskeletal Alliance (ARMA).

Dr Redmond has been active in the development of evidence-based standards, care pathways and integration of foot health services in primary and secondary care, contributing to NICE appraisals on OA and RA. He was recently the lead for the Podiatry Rheumatic Care Association's national project to set standards of care for people with foot problems associated with musculoskeletal diseases. He is co-author of the text 'The Foot and Ankle in Rheumatoid Arthritis' and has contributed chapters to several well known texts such as Neale's Disorders of the Foot; and Assessment and Diagnosis of the Lower Limb. Anthony has published more than 30 journal papers in the fields of rheumatology, biomechanics and podiatry.

Dr Martyn B Speight Musculoskeletal & Sports Physician, Registered Osteopath

Dr Speight has been a full-time practitioner of MSK/Sports med for the last 11 yrs. Prior to this he worked in all areas of the NHS dealing with MSK problems (Orthopaedics, Rheumatology, GP and A & E medicine) before deciding to specialise. His main stimulus for his career was his frustrating experience as an NHS patient, when being treated for fell running/cross country injuries! He has a very eclectic/holistic approach to msk problems, drawing on many different modalities/management strategies. He works in his own private practice in Otley, West Yorks, as well as the BUPA wellness clinic in Leeds. He has a very keen interest in the development of MSK/SEM as speciality subjects, and as such has regular commitments to BIMM's/BASEM's teaching programmes. He is a faculty member of the London College of Osteopathic Medicine. His main areas of interest are lower limb problems and lumbar pelvic/radicular pain problems. His past experience with the elite sports person has been in tennis players, whilst at present he has regular involvement with both Super league and Guinness premiership rugby players. He lives in the Yorkshire dales and continues to compete on the fells and complements this with road cycling.

Ian Horsley MSc, MCSP, SRP

Ian is currently Regional Lead Physiotherapist for the North West Institute of Sport, and Technical Lead Physiotherapist for the North Region of the Institute of Sport, as well as Clinical Director of Back In Action Rehabilitation Ltd. Ian has worked as a lecturer within the Directorate of Sport at Salford University, and as an associate lecturer at Sheffield and Manchester Metropolitan universities. He has completed a Masters degree in Sports Physiotherapy and has recently completed the research towards his PhD, several of the studies have been published in peer review journals. Ian's clinical interests are management of acute musculoskeletal trauma and rehabilitation.



APPLICATION FORM

Delegate fees for this event are £135 + vat prior to 1st April 2010. Bookings received after 1st April will be charged at £155 + vat.

Please book online at
www.professionalevents.co.uk
where credit card payments and invoices can be processed.

Bookings can also be taken by post. Please complete the delegate booking form below and send with full payment to Professional Events, 31 Fulshaw Park South, Wilmslow, SK9 1QP. Cheques should be made payable to PEM Ltd.

DELEGATE BOOKING FORM

Profession

Title

First Name

Surname

Practice Name/Organisation

Address

Post Code

Email address (Compulsory)

Telephone

PEM reserve the right to make changes to the published programme. Cancellations up to 4 weeks prior to the event will be available less an administration fee of £25, substitutions can be made at any time.