



foothealth  
2012

May 29th and 30th 2012

Kettering Conference Centre

CPD EVENT

We are pleased to announce this year's Foot Health CPD Lecture Programme

Foot Health 2012 offers Health Professionals the opportunity to update their practice with first class presentations by key note speakers

**Cosyfeet**  
extra roomy

 professional  
events

[www.professionalevents.co.uk](http://www.professionalevents.co.uk)

Health care professionals who would like to attend this event can do so by booking online at [www.professionalevents.co.uk](http://www.professionalevents.co.uk).

### Early booking rates:

Booking fee for 1 day £8 + vat

Booking fee for both days £12 + vat

The booking fee includes entry to the full lecture programme.

## Main Lecture Programme for Tuesday 29th May

9.30am	Introduction and Welcome <b>Over and Above the Foot</b> The presentation will cover the biomechanical influences of the key biomechanical pillars that affect foot biomechanics and how this can alter orthotic prescription. Martin Haines, Chair UK Biomechanics Coaching, Chartered Physiotherapist
10.30am	Break
11.00am	<b>The assessment, diagnosis and management of common skin conditions of the lower limb and foot: an evidence – based clinical update</b> Dr Farina Hashmi, BSc(Hons) Chemistry, BSc (Hons) Podiatry, PhD Biochemistry
12.00pm	Lunch
1.15pm	<b>The Unified Theory to Foot Function</b> Paul Harradine, MSc, FCPodMed, CertEd, Director/Podiatrist The Podiatry and Chiropody Centre, Portsmouth
2.20pm	Break
2.45pm	<b>Innovations in Podiatry</b> Short presentation on new products and services available to treat foot health problems <b>Next Generation Microwave Therapy for Podiatry and Dermatology</b>
4.00pm	Collection of CPD Certificates, Safe Journey Home

## Main Lecture Programme for Wednesday 30th May

9.30am	Introduction and Welcome <b>Cost Effective Orthoses: Custom Vs Prefab</b> Rob Bradbury, Podiatrist and Sales Director of Talar Made Orthotics
10.30am	Break
11.00am	<b>Treatment of the high risk foot in private practice – how not to get sued</b> Louise Stuart MBE, Consultant Podiatrist
12.15pm	Lunch
1.30pm	<b>Treatment of the high risk foot in private practice – how not to get sued (continued)</b> Louise Stuart MBE, Consultant Podiatrist
2.30pm	Break
3.00pm	<b>Injection Therapy</b> Ian Reilly, BSc, FCPodS, DMS, Consultant Podiatric Surgeon
4.00pm	Collection of CPD Certificates Safe Journey Home



# Workshops and Alternative Programmes

## Programme May 29th

### **How patient assessment systems can optimise orthotic choice.**

Workshop run by Talar Made Orthotics, this workshop will run throughout the day and is free of charge for delegates. Workshops can be booked at registration.

### **Step into the world of cosmetic nail reconstruction**

Workshop will be run throughout the day and is free of charge for registered delegates.

### **MSK-Rehab**

This multidisciplinary event includes a full day of presentations by keynote speakers and will be of interest to those treating persistent musculoskeletal problems. Full details, speakers biographies and prices are available online at [www.professionalevents.co.uk](http://www.professionalevents.co.uk)

## Programme May 30th

### **Heel Pain Workshop**

Workshop run by Bailey Instruments, this workshop will start at 11.00am and is free of charge for delegates. Workshops can be booked at registration

### **How patient assessment systems can optimise orthotic choice.**

Workshop run by Talar Made Orthotics, this workshop will run throughout the day and is free of charge for delegates. Workshops can be booked at registration.

### **An Introduction to Diabetic Foot Assessments**

Workshop run by A.Algeos Ltd, this workshop will run throughout the day and is free of charge for delegates. Workshops can be booked at registration.

### **Basic Life Support – Medical Emergencies Course**

Choose from the short refresher course of 2 hours or the full 4 hour course.

All courses will be pre-bookable online – please visit [www.professionalevents.co.uk](http://www.professionalevents.co.uk) for prices and content of each course.

There will be a very large trade exhibition at this event, delegates can purchase supplies on both days of the event, saving on postage and taking advantage of special offers.

Accommodation at the Kettering Park Hotel and Spa is available at preferential rates if you are attending this event. More information is available on [www.professionalevents.co.uk](http://www.professionalevents.co.uk)

## Martin Haines

Martin has trained 5 Olympic champions, McLaren Formula 1 racing drivers, premiership soccer players as well as international professional golfers. He is working in Corporate Wellness with organisations in the UK such as the Police Force, Fire Service and Furniture manufacturers. He is the Chairman of the UK Biomechanics Coaching Association and sits on the European Tour Performance Institute Advisory Board. Martin and his team at Intelligent Training Systems have biomechanically screened over 4,000 people ranging from the sporting elite to recreational sportspeople and have created a proprietary system to screen injury risk factors and provide performance enhancing techniques.

## Paul Harradine

Paul Harradine is a clinical podiatrist and director of The Podiatry Centre Ltd and The Foot Orthotics Laboratory Ltd, with clinics around Hampshire and Surrey. Since obtaining his BSc (Hons) Podiatry from Northampton School of Podiatry in 1994 Paul has gained an MSc and CertEd working in both NHS clinical specialist posts and educational settings before becoming a full time private practitioner in 2003. He lectures on the post graduate circuit and has published papers in podiatric, physiotherapy and orthopaedic texts on first ray function, plantar pressure analysis technology, taping, outcome studies, orthoses production and foot function theory amalgamation. His current areas of interest continue to be variations in foot orthoses production and the amalgamation of differing foot theory utilising an underpinning unified perspective. Paul is a keen sportsman and is married with five young sons.

## Dr Farina Hashmi

Farina Hashmi graduated from Manchester Polytechnic in 1991 with a BSc Honours in Chemistry. After qualifying as a podiatrist from the London Foot Hospital in 1997 she worked within the NHS Podiatry Service and University College London for several years. She completed her PhD in Biochemistry in 2004 at the Department of Medicine, University College London. She

currently holds a position at the Centre for Health Sciences Research at the University of Salford.

Her research interests include dermatology of the lower limb and the biophysical nature of foot skin. She also co-ordinates lower limb skin research within the Centre at the University of Salford.

## Ian Reilly

Ian Reilly is a Consultant Podiatric Surgeon in the Department of Podiatry, Northamptonshire Foundation NHS Trust he also works in private practice at the Woodlands Hospital, Kettering and BMI Three Shires Hospital, Northampton. He is an external examiner at Queen Margaret University, Edinburgh for BSc (Hons) Podiatry and an invited guest speaker, International Foot and Ankle Foundation, USA. He is the Co-Author of Foot and Ankle Injection Techniques (2010).

## Louise Stuart

Louise Stuart is a Consultant Podiatrist and Lecturer working in NHS Manchester and The University of Salford.

Nationally Louise is Chair of FDUK, she is also a member of Diabetes UK Advisory Council Executive Committee where she represents the care of diabetes related foot problems. Her main areas of research include Patient Centred Education, Sub – clinical neuropathy in Children with Type 1 diabetes, Innovative Chairside methods of offloading the ulcerated foot and the Arterial assessment of the Diabetic foot. The work of the Manchester team is presented has been presented both nationally and internationally. In June 2008 Louise was awarded an MBE in the Queens Honours list. She was also made a Fellow of the College of Podiatric Medicine (Society of Chiroprodists and Podiatrist).

Over the past 5 years Louise has contributed to a number of DOH, Diabetes UK and Regional Policies and Guidelines relating to diabetes. In November 2006 FDUK in partnership with other key stakeholders developed a nationally recognised Minimum skills Framework for the care of diabetes related foot problems.

## HOW TO BOOK

All bookings for this event will be taken online. Please visit  
[www.professionalevents.co.uk](http://www.professionalevents.co.uk)

Bookings by cheque or invoice will incur an extra fee.

Professional Events reserve the right to make changes to speakers and programme without prior notice. The information contained in the registration form will be held on the Professional Events database. Cancellation terms and conditions apply.