

# 11th National CPD Training Event

Sunday 6th March and Monday 7th March 2011

**Northampton Park Inn** 

Covering the CPD needs of the Independent Podiatric Practitioner



#### **IPP PROGRAMME OUTLINE**

Our new IPP 11 programme will provide delegates with a valuable update on clinical practice; lectures and workshops will be given by university lecturers or lead clinicians in their specialist area.

We are currently the front runners in providing top class CPD for all Podiatry registrants and our national programme constantly reflects best in Podiatry Practice.

Please note that delegates may choose to attend both days or just for the Sunday or Monday.

# PROGRAMME FOR SUNDAY 6TH MARCH

2.00 – 2.15pm Registration and Coffee

(delegates staying overnight can check into their rooms)

2.15pm Fungal Infections of the Skin and Nail

Presentation to include clinical update, latest research and treatment options

Dr Ruth Ashbee

3.30pm Break

3.45pm Peripheral Arterial Disease - The Silent Assassin

4.45pm Q&A Session

5.00pm Issue of CPD Certificates

# PROGRAMME FOR MONDAY 7TH MARCH

Please note that this year apart from the full delegate lecture programme we will be running workshop sessions throughout the day. Delegates can choose the lectures and workshops they want to attend when they arrive at the event.

#### LECTURE PROGRAMME

**9.15am** Registration and Coffee

9.45am Simple foot mechanics made easy; the wheelbarrow foot!

Andy Horwood - Musculoskeletal Podiatrist

10.45am Break

11.15am Cosmetic Foot Surgery

Mr Jason Hargrave - Consultant Podiatric Surgeon

12.20pm Lunch and Trade Exhibition

1.45pm Overuse Injury risk. How can it be predicted?

Clifton Bradeley Specialist Musculoskeletal Sports Podiatrist

2.45pm Break

**3.15pm** Selling products in private practice – what can be sold to patients and what

recommendations can be made – interactive session to include products other

practitioners stock and those they recommend.

Presentation by Trading Standings Officer

#### **WORKSHOP PROGRAMME**

11.15am and 2.00pm Simple Conservative Management of Metatarsalgia,

Workshop Lead – Andy Horwood

9.45am and 3.15pm Radio Surgery in Podiatry

A practical demonstration of high frequency Radio Surgery as the method of choice for Matrixectomies, disiccation of Neurovascular Corns, shave excision of Verccue and Tissue

division in delicate podiatric surgery.

11.15am and 2.00pm Padding and Strapping Workshop

- Organised by Cuxson Gerrard

# **SPEAKERS BIOGRAPHIES**

#### **Dr Ruth Ashbee**

Ruth Ashbee is Chief Clinical Scientist and Honorary Lecturer, Mycology Reference Centre, Department of Microbiology at the University of Leeds .

#### Andy Horwood

Andy Horwood is a musculoskeletal podiatrist with an interest in biomechanics and evolutionary biology. Andy has worked in the independent sector for the last 18 years as well as writing a module for Staffordshire Universities MSc in Clinical Podiatric Biomechanics. Andy continues as a module leader in Origins and Principles of Podiatric Biomechanics on the MSc and is an Honorary Visiting Fellow of Staffordshire University. Andy is also Technical Director at Healthystep (Sensograph) Ltd and a Clinical adviser (musculoskeletal) to Bailey's Instruments. Andy is a member of The Society for the Study of Human Biology.

#### Mr Jason Hargrave

Mr Hargrave has continued to work in both the NHS and private sector, training in podiatric surgery after passing his primary membership (Podiatry Association) at The University of Manchester in 1993. Award of Fellowship was gained in 1995, after surgical training at Lewisham University Hospital (Fellowship of The College of Podiatrists (surgery) - FCPodS). After a 3-year period as an Associate Specialist, he secured a Consultant NHS position at Charing Cross Hospital (Hammersmith & Fulham NHS PCT in 1998 and had also previously set up the Podiatric Surgery services for Lambeth NHS PCT at St Thomas's Hospital in 1996 and later for Sutton & Merton NHS PCT at Sutton Hospital in 2004. After gaining practicing privileges at The Harley Street Clinic in 2002, he has continued to build his private practice with outpatient facilities at 9 Harley Street.

#### **Clifton Bradeley**

Clifton Bradeley is a podiatrist of twenty-two years experience in clinical musculoskeletal sports biomechanics, and prior to that he was an elite athlete. Clifton's international running career for England and Great Britain culminated in him setting the British indoor mile record of 3.57.88min/secs against USA in March 1985, whilst taking the place of an injured Sebastian Coe. This was the first time a sub-4 minute mile had been run indoors in the UK. Clifton has carried out approximately 15,000 biomechanical assessments, and has innovated a number of new clinical techniques, culminating in two product innovation awards. He is currently the managing director Sub-4 Ltd, a successful orthotics manufacturing company, whilst part-time he studies for his PhD.

#### **NOTES**

- 1. Each presentation will have a question and answer session.
- 2. Where appropriate, demonstrations may be given by speakers.
- 3. Delegates will receive a CPD certificate at the end of each day. First day will include 3 hours of CPD and the second day 6 hours of CPD.
- 4. Speakers may choose to restrict distribution of their presentational material

# **HOW TO BOOK**

### Delegate fees are reduced if booked and paid online

# Booked prior to November 1st 2010

Day 1 (Sunday 6th March)
Day 2 (Monday 7th March)

£45 (inc vat) £80 (inc vat)

# Booked after January 1st 2010

Day 1 (Sunday 6th March)
Day 2 (Monday 7th March)

£50 (inc vat) £95 (inc vat)

#### Booked after November 1st 2010

Day 1 (Sunday 6th March)
Day 2 (Monday 7th March)

£47 (inc vat) £85 (inc vat) Accommodation is available to book online at the price of £82.50 per single room (bed and breakfast)

# Please book online at www.professionalevents.co.uk

# If you prefer not to book and pay online the prices above will incur a booking administration fee of £20

Please complete the application form below if you would like us to process your application form by post

Name	
Address	
	Postcode
Talanhana	
Email	
☐ I would like to apply for Day 1 ☐ I would like to apply for Day 2 ☐ I would like to apply for Both days	☐ I would like to book accommodation for Sunday 6th March
I enclose a cheque for £ to include the £20 booking fee.	

## Please make cheques payable to PEM Ltd and send to the address below:

Professional Events 31 Fulshaw Park South Wilmslow Cheshire SK9 1QP

Telephone: 01625 521239

Email: jackie@professionalevents.co.uk



Cancellations will be available up to 4 weeks prior to the event less an administration fee of £20, cancellations received after that date will not be refunded. Professional Events reserve the right to make changes to the published programme.