# SOME FINAL POINTS

.....in no particular order.....

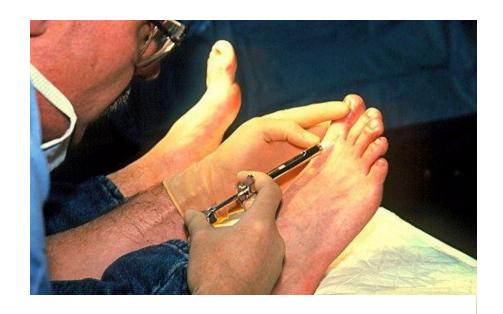
Multiuse vials?

Oh No!!



## Delivery systems

- Topical
  - EMLA cream
- LA container
  - Ampoule
  - Cartridge
- Needle
  - Gauge
  - Length
  - Tip
- Syringe
  - Plastic disposable 2ml or 5ml
  - Dental pattern
    - Self-aspirating
    - Clawed plunger



#### **EMLA** cream

- Eutectic Mixture of Local Anaesthetics
- Topical cream
- Contains 2.5% lignocaine and 2.5% prilocaine
- Special formulation will penetrate thin epidermis
- Cover with Tegaderm
- Up to 1 hour to take effect
- May allow a less painful injection







#### LA container

- Ampoule
  - Plastic
  - Glass
  - Varying sizes
- Cartridge







#### Needles

May be silicone or Teflon® coated

The needle should be

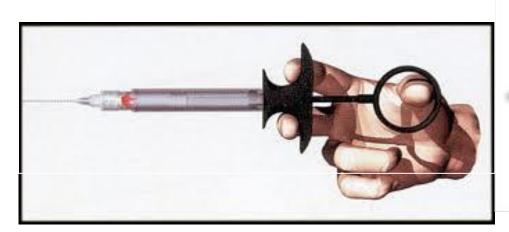
- Correct length for the job
- Correct gauge for the job
  - Minimal pain
  - Drawing up fluid

#### SPECIFICATION

COLOR CODE	GAUGE LENGTH	
	26G(0.45mm)	1/2" (13mm)
	25G(0.5mm)	5/8" (16mm)
	24G(0.55mm)	3/4" (19mm) 1" (25mm)
	23G(0.6mm)	1" (25mm) 5/4" (19mm) 13/4" (32mm)
	22G(0.7mm)	1" (25mm) 1 1 / 4" (32mm) 1 1 / 2" (38mm)
	21G(0.8mm)	1" (25mm) 11/4" (32mm) 11/2" (38mm)
	20G(0.9mm)	11/4" (32mm) 11/2" (38mm)
	19G(1.1mm)	1 1/4" (32mm) 1 1/2" (38mm)
	18G(1.2mm)	1 1/4" (32mm) 1 1/2" (38mm)
	17G(1.3mm)	1 1/2" (38mm)

## **Syringes**

- Plastic disposable
- Safety-system
- Dental pattern
  - Stainless steel
  - Disposable





#### Always inject proximally to areas of infection

#### Do not inject into hyperaemic areas

- Depth of anaesthesia less effective
  - pH is low / acidic
- LA 'wears off' more rapidly
- Chance that LA will increase an area of infection
- Inject proximal to the inflamed area
  - You might need to use a different LA technique

#### The LA does not 'take'

- Stay calm!
  - the patient will be nervous enough for both of you
- Keep calm and carry on: i.e.: Wait 5 mins
- Massage the injected area
  - stimulated nerves take up LA quicker
- If you decide to re-inject
  - Ensure you do not exceed the patient's MSD for that LA
  - Perhaps use a different technique
  - No more than 4ml per hallux (less in lesser toes)

#### Avoid overdose

- Calculate the MSD for the LA drug in relation to the patient's body mass
  - There is 10mg of drug in 1ml of 1% soln
  - There is 20mg of drug in 1ml of 2% soln
  - There is 40mg of drug in 1 syringe (2ml) of 2% soln
  - There is 80mg of drug in 1 syringe (2 ml) of 4% soln
- So KNOW the MSD for each LA

#### Avoid overdose

- Always ASPIRATE THE SYRINGE BEFORE DEPOSITING ANY LA SOLUTION
  - If blood enters the syringe, withdraw the syringe, and keep to 1 side
  - Take a fresh syringe and re-start the injection
- Include any used LA from the 'bloody' syringe in final overall calculation of amount of LA used

#### CONSENT

- Consent must be VALID i.e.:
- The consenting person must have CAPACITY
- The consenting person must be given and understand the relevant INFORMATION
- The consent must be given without COERSION

## CONSENT may be

#### Implied

- The patient has requested the treatment
- Presumably is willing to have that treatment

#### Verbal

- You explain what the treatment involves
- The patient says 'OK go ahead'

#### Written

- You explain what the treatment involves (+ and -)
- The patient says 'OK go ahead' in front of a witness
- The patient and a witness sign their agreement
- The patient gets the top copy of the consent

#### CONSENT

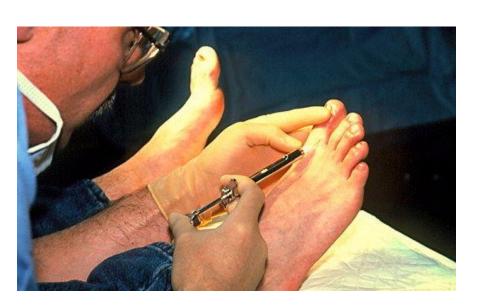
- Consent implies patient understanding of
  - The nature of the proposed LA
  - The consequence of not using LA
  - The nature of the proposed procedure (t/w outcomes)
  - The consequence of not undertaking proposed procedure
  - The dressings and aftercare regime
- Consent should be written consent
  - signed by patient or responsible adult
  - witnessed
  - copy of consent given to patient
- Use a form of consent that complies with the SCP guidelines and local protocols
  - Age of consent?

#### AGE of CONSENT?

- Adult = 18 years
  - Child = <18 years</li>
- Ability to understand (Capacity)
  - Learning difficulties?
- Gillick competency / Fraser Guidelines
  - Is a child (person) mature enough to make decisions and understand the implications of those decisions?
  - "The child (person) must be capable of making a reasonable assessment of the advantages and disadvantages of the treatment proposed so the consent, if given, can be properly and fairly described as true consent" (Lord Wolff)
- Withdrawal of consent
  - In law, although the child can give consent, he cannot deny consent

## Documenting the patient assessment before administering a POM drug

- Chief complaint (c/o)
- Initial examination (o/e)
  - OPQRSTUVW
  - SOCRATES
- History
  - Medical history
  - Drugs history
  - Family history
  - Social history
- Differential diagnosis Working diagnosis
- Treatment plan

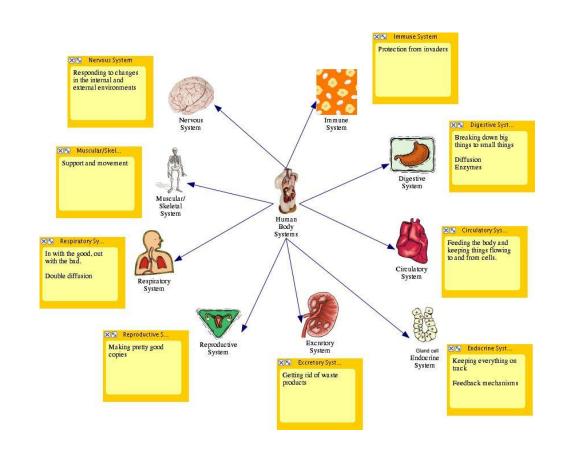


### Medical History

- Always completed a full medical history as part of the consent process
- ? Current and past health
  - Follow an acronym
- ? Current and past medications regimes
- ? Experience of previous LA

## Med Hx Acronym: Crangles

- Cardiovascular
  - Heart
  - Vessels
  - Blood
  - Immune
- Respiratory
- Alimentary
- Neurological
  - CNS
  - PNS
- Genitourinary
- Lymphatic
- Endocrine
- Skin



### Based on the medical history

#### Ask specifically if there is current / history of

- Proneness to infection / Immunosuppressant therapy
- Poor healing
- Diabetes mellitus
- Adverse reaction to LAs, A/bios
- Known liver problems
- Know renal problems
- Know circulatory problems
- Medication with known C/I drugs
- Then you can decide how suitable the patient is to undergo the LA, and the procedure

## Record keeping: Use a form that prompts you to note:

- Date
- Patient's
  - Name, DoB
  - Address
  - GP
  - Next of kin
  - Body mass (Kg)
- Consent signed Y/N
- LA:
  - Type, %, ml and mg administered
  - Site of delivery and LA technique
  - Product code and use by date

## Record keeping: Use a form that prompts you to note

- Procedure:
  - Name of procedure
  - Details of procedure (what you did)
    - Amount of any tissue removed
    - Phenol: % and application duration
    - Surgical flush
  - Tourniquet time
    - Vascular return time after removal
    - Post-op haemorrhage
  - Dressing applied
  - Any adverse events during the procedure
  - Patient reaction to the procedure
- Post-operative regime
  - Dressings regime and return date
  - Emergency contact number
  - Letter to GP

## **CONTACT ME AT**

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