

The logo for Foothealth 2019 features the word "foothealth" in white lowercase letters and "2019" in yellow lowercase letters, both on a black rounded rectangular background. Above the text are several yellow circles of varying sizes, with a thin yellow line curving through them.

# foothealth 2019

June 18th and 19th 2019

Kettering Conference Centre  
Northamptonshire NN15 6PB

We are pleased to announce this year's CPD  
Lecture Programme for **Foothealth 2019**

**Early booking rates until 15th April:**

Booking fee for 1 day £14 + vat

Booking fee for both days £24 + vat

The booking fee includes entry to the main lecture programme.

[www.professionalevents.co.uk](http://www.professionalevents.co.uk)



**Cosyfeet**  
extra roomy

# Programme Day 1

June 18	Main Lecture Programme	Alternative Paying Programme
8.45 am	REGISTRATION	
9.30 am	Welcome <b>Chair, Michelle Gibson</b>	<b>Pharmacology update with Dr Jean Mooney</b> (full day course) Full details of the programme, cost and how to book on our website <a href="http://professionalevents.co.uk">professionalevents.co.uk</a>
9.35 - 10.30 am	<b>KEYNOTE LECTURE</b> <b>Calling ALL lower limb clinicians....PAD needs you!</b> <b>Martin Fox</b>	<b>Minimising infection in the clinic</b> <b>Val Edwards Jones</b> half day course) Full details of the programme, cost and how to book on our website <a href="http://professionalevents.co.uk">professionalevents.co.uk</a>
10.30 - 11.00 am	<b>Designing a leaflet – pitfalls to avoid</b> <b>Jess Wood</b>	<b>Hapla Padding and Retentive Strapping for the lower limb</b> (half day course) Full details of the programme, cost and how to book on our website <a href="http://professionalevents.co.uk">professionalevents.co.uk</a>
11.00 - 11.40 am	BREAK and Trade Exhibition	<b>Practical Biomechanics with Paul Harradine</b> (full day course) This practical course will guide the delegate through a full biomechanical evaluation of the lower limb. Full details of the programme, cost and how to book on our website <a href="http://professionalevents.co.uk">professionalevents.co.uk</a>
11.45 am - 12.30 pm	Innovations in Podiatry	
12.30 - 1.55 pm	LUNCH and Trade Exhibition	
2.00 - 3.00 pm	<b>Patients often have thyroid dysfunction – how does it affect us in practice?</b> <b>Jennifer Round</b>	<b>Basic Life Support and Medical Emergencies</b> (half day course) Full details of the programme, cost and how to book on our website <a href="http://professionalevents.co.uk">professionalevents.co.uk</a>
3.00 - 3.15 pm	BREAK and Trade Exhibition	<b>Free Workshops</b> <i>All Workshops will be run throughout the day and are free of charge for registered delegates</i>
3.25 - 4.00 pm	<b>Treatment of Spina Bifida patients within practice</b> <b>Dave James</b>	<b>Free Workshop run by DOLA Orthotics and Orthoeurope</b> Orthotic Options for Clinicians
4.00 pm	End of Day 1 – Collection of CPD certificates	<b>Free Workshop run by Algeos</b> Slimflex orthotic chairside adaptations
		<b>Free Workshop run by Health Step</b> Healthy Blood Flow for Healthy Feet
		<b>Free Workshop run by K-Laser</b> K-Laser Therapy for the modern practice
		Free workshops should be booked at the trade stand of the appropriate company on the day of the event.

# Programme Day 2

June 19	Main Lecture Programme	Alternative Paying Programme
8.45 am	REGISTRATION	
9.30 am	Welcome <b>Chair, Michelle Gibson</b>	<b>Limps and Lumps – Belinda Longhurst and Robert Issacs</b> (full day course) Full details of the programme, cost and how to book on our website <a href="http://professionalevents.co.uk">professionalevents.co.uk</a>
9.35 - 10.35 am	<b>Easy Foot assessment incorporating foot posture index.</b> <b>Hannah Yirrell</b>	<b>LA update with Dr Jean Mooney</b> (full day course) Full details of the programme, cost and how to book on our website <a href="http://professionalevents.co.uk">professionalevents.co.uk</a>
10.35 - 11.15 am	<b>Fascial Manipulation – Stecco method</b> <b>Ian Linane</b>	<b>Vascular Assessment of the Lower Limb – with Jennifer Round</b> (half day course) Full details of the programme, cost and how to book on our website <a href="http://professionalevents.co.uk">professionalevents.co.uk</a>
11.15 am - 12.00	BREAK and Trade Exhibition	<b>Advanced Biomechanics Study Day with Paul Harradine</b> (full day course) Full details of the programme, cost and how to book on our website <a href="http://professionalevents.co.uk">professionalevents.co.uk</a>
12.00 - 12.50pm	<b>Making a health business out of healthy feet</b> <b>Dave James</b>	<b>Basic Life Support and Medical Emergencies</b> (half day course) Full details of the programme, cost and how to book on our website <a href="http://professionalevents.co.uk">professionalevents.co.uk</a>
12.50 - 2.00 pm	LUNCH and Trade Exhibition	
2.00 - 3.00 pm	<b>Diabetic patients –how can we help them within our clinics?</b> <b>A patient perspective of diabetes</b> <b>Kelly Carden</b>	
3.00 pm	Round up of the day  End of Day 2 – Collection of CPD certificates	
		<b>Free Workshops</b> <i>All Workshops will be run throughout the day and are free of charge for registered delegates</i>
		<b>Free Workshop run by Footfall Medical</b> Update in Podiatric Dermatology with Dr Ivan Bristow
		<b>Free Workshop run by DOLA Orthotics and Orthoeurope</b> Orthotic Options for Clinicians
		<b>Free Workshop run by Algeos</b> Slimflex orthotic chairside adaptations
		<b>Free Workshop run by Health Step</b> Healthy Blood Flow for Healthy Feet
		Free workshops should be booked at the trade stand of the appropriate company on the day of the event.





## Martin Fox

Martin works in a community-based NHS lower limb vascular service in the Manchester Local Care Organisation; providing early identification, diagnosis and best clinical management for people with suspected peripheral arterial disease (PAD). The service is one of the first of its kind in the UK and has been recognised locally and nationally as a model of best practice.



## Robert Isaacs

Robert is a podiatrist who has been working as a specialist in biomechanics and in podopaediatrics for 15 years, both within the NHS and in private practice.

He has been an invited speaker at conferences both in the UK and overseas, including the SCP and IOCP, CESPU in Portugal and the Langer Biomechanics Summer School. Robert is also a prolific blogger, itinerant speaker and writes for Podiatry Now from time to time. He is the South East hub lead for MSK UK.



## Belinda Longhurst

Qualifying as a Chiropodist from the Sheffield Institute of Chiropodists and Podiatrists in 2003, Belinda then studied for a higher degree and graduated from the University of Southampton in 2007, where she was awarded a first-class BSc (Hons) degree in Podiatry, with a distinction in clinical practice. Belinda has worked as a private practitioner since 2003 and was also employed as an NHS Podiatrist in Hampshire. She acts as peer reviewer for a variety of professional journals and advisor for BUPA's patient information pages. Her area of special interest is podiatric dermatology and has frequently presented her published work at both national and international conferences.



## Jess Wood

My name is Jessica Wood. I have a 9 year background within Podiatry attaining my 1st class honours degree at Birmingham School of Podiatry in 2018. I have a broad range of interests including but not limited to Diabetes, MSK and Podiatric Surgery.



## Ian Linane

Ian has been in private practice for 25 years working both in his own and multidiscipline clinics. During 10 years of this period he provided Forensic Gait Analysis reports for the courts, in criminal investigation matters. Additionally he is the founder of Infigo Education, where he writes and presents courses providing COP approved extended scope practice, in the area of Manual Therapy. These courses, now in their 9th year, cover 3 distinct areas: Foot, Ankle and Soft Tissue Mobilisation. They have been taught nationally and internationally. Ian is also qualified in whole body "Fascial Manipulation - Stecco Method" techniques. In January this year he secured COP approval for podiatry specific Stecco Fascial Manipulation courses. These are unique training opportunities for podiatrists, enabling us to assess and treat proposed fascial contributors to pain or reduced movement. The training covers from the pelvis to the toes.



## Dave James

Dave James is a coach, mentor, public speaker and podiatrist. With over 25 years of experience in healthcare, he has worked in the public, voluntary, education and private sectors. Dave is dedicated to improving the profile of foot health to ensure that individuals know who to see for their foot and leg problems. As a coach he works with individuals and groups to help them get more of their ideal clients and to grow thriving foot practices.

## HOW TO BOOK

All bookings for this event will be taken online. Please visit  
[www.professionalevents.co.uk](http://www.professionalevents.co.uk)

Bookings by cheque or invoice will incur an extra fee.

Professional Events reserve the right to make changes to speakers and programme without prior notice. The information contained in the registration form will be held on the Professional Events database. Cancellation terms and conditions apply.