



Practical Biomechanics with Paul Harradine

Day 1

Kettering Conference Centre

This practical course will guide the delegate through a full biomechanical evaluation of the lower limb.

The aim of the course is to increase the understanding of normal and abnormal foot function and provide evidence based treatment plans for specific conditions.

Programme for the day:

09.30 Normal and abnormal foot function

10.20 Static analysis

11.15 Break

11.45 Dynamic analysis

12.45 Lunch

13.45 Gait dysfunction in relation to injury

14.30 Treatment plans for specific MSK injury

15.15 Break

15.45 Introduction to running injury

16.45 Conclusion

Paul Harradine is a clinical podiatrist and director of The Podiatry Centre Ltd and The Foot Orthotics Laboratory Ltd. Paul has gained an MSc and CertEd working in both NHS clinical specialist posts and educational settings before becoming a full time private practitioner in 2003. He has published papers in podiatric, physiotherapy and orthopaedic texts on first ray function, plantar pressure analysis technology, taping, orthoses production and foot function theory amalgamation.