

Vascular update: Arterial assessment, diagnosis, treatment & referral decisions
Using the 3Ps, Wifl and SBAR approach, to help save more lives and limbs

Where possible, **can delegates wear loose trousers or similar** and avoid wearing tights, to allow group practice of Doppler technique on foot, ankle and rear knee (popliteal) pulses. Please **bring your Dopplers, gel and any sphyg cuffs with you**, for the workshop sessions.

9.00 Welcome & introductions: Sue Matthews & Martin Fox

PAD – changing the podiatry paradigm and meeting best clinical guidance

Anatomy basics – the key arteries we need to know, find and check

Workshop: Doppler on arm & Doppler handling technique revisited

10.00 PAD, cardiovascular & limb risks – can we really save lives and limbs?

Workshop: Sphyg & Doppler use together on a limb – demo & try

Claudication, rest pain & cramps – differentiating as deadly symptoms .. or not?

11.00 Break

11.30 Putting it together: the 3Ps PAD assessment – why we need systolic pressures

Doppler waveform quiz – 10 multiple choice audio clips – what do we hear?

Taking the systolic pressure out of the toes... important or not?

12.30 Lunch

13.30 Demonstration – foot to femoral pulses palpation & Doppler + ABPI & toe pressures

Chronic limb threatening ischaemia: using the national wound care guidance + Wifl and SBAR tools, to support identification, triage and concise, confident communication

Workshop: Pulses, Doppler & pressures – the 10 mins limb of concern assessment

15.00 Break

15.15 Quick fire real life (vascular) podiatry cases – decisions.. decisions.. decisions..

The importance of small sustainable steps and the big Ebbinghaus question ...

Vascular podiatry CPD resources & any final questions?

16.15 Finish